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Taekwondo Kids: From White Belt To Yellow/Green Belt



Synopsis

This volume is a practical guide to the Korean martial art of Taekwondo written specifically for children and young adults. It serves as both an introduction to the sport and as an accessory to organized training. With easy-to-understand instructions and excellent Manga-style illustrations, "Taekwondo Kids" will help all abilities progress through the various stages of knowledge and technique training to achieve advancement to the next belt grade. It is a must-have volume for all kids and young adults with an interest in this growing martial art.

Book Information

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Customer Reviews

Wolfgang Rumpf is a 7th Dan Taekwondo, and a renowned teacher of Korean Martial Arts. Volker Dornemann is an acclaimed illustrator specializing in childrens and young adult interests.

This was not quite what I expected. I was looking for something to help my boys learn their forms and this did not cover as much as I wanted. But they do enjoy reading it and looking at the pictures.

The most important thing in marital arts is to understand how to do a proper move. Pictures in this book are sharp. Explanations are easy to understand to beginner.I bought three Taekwondo books, and looked in the store 2 more. This is the best book for beginners!

Nice book. Great descriptions. The children liked it. In fact, we had reviewed it at the library before purchasing it and it was considered a must have.

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